Activity Log Instructions

Commission on Dietetic Registration

the credentialing agency for the

.eat right.® **Academy of Nutrition and Dietetics**

Step 1: Go to www.cdrnet.org and select "myCDR login"
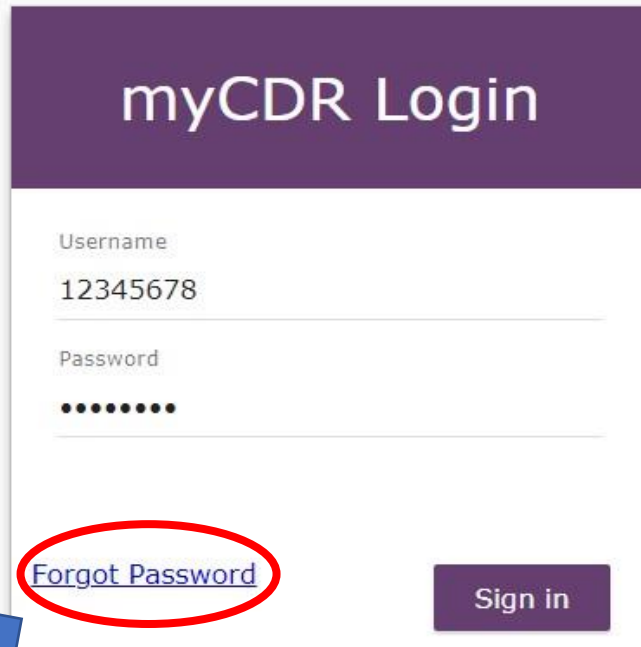
Step 2: Login to myCDR account using your username & password

myCDR Login

Username
12345678

Password
••••••••

Forgot Password

Sign in

Forgot your password? Click here.

Helpful Tips:
- Your login information is the **same** as your Academy login.

- Your username is typically your **ID number**. Start with the first number after R00's (ex. 456789)

- **Forgot** your password? Select the forgot password link. Follow the appropriate prompt to either reset password or have the system email your login information

Step 3: Enter the Professional Development Portfolio by selecting either "*Record your Activities*" from the Dashboard or "*PDP*" from the left navigation pane.

Step 4: Select your cycle to begin logging activities.

PDP Plans and Activity Logs

RDN or RD

Registered Dietition Nutritionist or Registered Dietitian

My recertification cycles

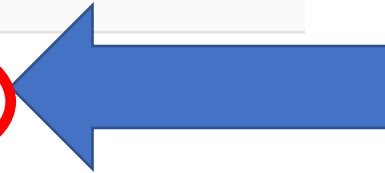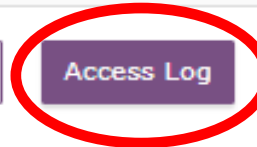06/02/2016 - 05/31/2022 (current) Access Plan Access Log

06/01/2013 - 05/31/2018 Access Plan Access Log

07/29/2011 - 05/31/2017 Access Plan Access Log

Step 5: Click "Add an Activity"

Step 6: Add information on the "Activity Details" screen. Click "save" at the bottom or top.

Notes:
- Learners may choose ANY sphere or Competency regardless of inclusion on your personalized Learning Plan. Updates to the Learning Plan are unnecessary after selecting Spheres and Competencies in the Activity Log.

← Activity Detail   SAVE CANCEL

FAQ

Select Activity Type
171 Live Webinars / Teleseminars   ▾

Activity Date (MM/DD/YYYY)
3/15/2021   ▾

Sphere Number
2. Communications   ▾

Select Competency
2.1 Adapts communication methods and skills to meet the needs of audiences.   ▾

Log Basics:
Spheres describe core and functional areas of dietetics practice. Competencies are identifiable knowledge, skills, and attitudes that are expected outcomes of CPE activities. Sphere and Competency selection is open to the discretion of the learner despite suggestions offered by providers. Learners may choose ANY Sphere or Competency regardless of inclusion on your personalized Learning Plan. Updates to the Learning Plan are unnecessary after selecting spheres and competencies in the Activity Log.

Does this activity satisfy your ethics requirement? ☐

Activity Title
How to be a patient communicator

Activity Provider
SuperZenRD

CPE Units
1.75   ✕

What impact did this activity have on your knowledge, skill, judgement, and attitude and how will this potentially affect your current or future practice? Will you do anything differently as a result of your participation in this activity?

I can communicate better now with my patients

←   SAVE CANCEL

Step 7: You will be automatically returned to "Display Activities" screen where you can view and edit previously entered activities or upload optional documentation for storing up to two documents such as certificates of completion or other documentation. Please note that optional upload is required if you are selected for PDP Audit.

	Activity Date	Activity Type	Activity Provider	Activity Title	CPE Units	Review Status	Comment	(Optional Upload)
Edit	3/15/2021	171	SuperZenRD	How to be a patient communicator	1.75			⬆ UPLOAD

Questions?

Have additional *questions*? Please contact cdr at CDR@eatright.org