



Laura Andromalos, MS, RD, CDE

Laura Andromalos lives in Seattle, WA. She is the Nutrition Program Manager at Northwest Weight and Wellness Center and has a telehealth practice as a bilingual diabetes health coach for Fit4D. She received a B.S. in Nutrition Sciences from Cornell University and a Master's degree in Health Communication from Boston University. She was awarded the Susan T. Borra Fellowship in Nutrition Communication in 2014.

She has worked in the field of weight management since becoming a dietitian in 2009 and has specialized in bariatric surgery. Prior to moving to Seattle, she was the Bariatric Nutrition Manager at Brigham and Women's Hospital in Boston, MA. Her research has focused in the area of preoperative weight loss and education for bariatric surgery patients. She lived in Ecuador to attend a Spanish immersion program to better serve her Latino patients who are often impacted by health disparities. She was a member of the Academy's Evidence Analysis Library bariatric workgroup and serves as a subject matter expert writing and reviewing items for the Certified Specialist in Obesity and Weight Management (CSOWM) exam. She has published articles for professionals as well as the public and has spoken nationally and internationally on bariatric nutrition and programming topics.



Jessica Bartfield, MD, ABOM

Jessica graduated from Loyola University Stritch School of Medicine in 2005 and completed an internal medicine residency at Beth Israel Deaconess Medical Center/Harvard Medical School. Following this she accepted a fellowship position at the University of Alabama Birmingham, with dedicated training in clinical nutrition and obesity medicine.

She joined faculty at Loyola University Medical Center with dual appointments in both medicine and surgery. Initially she served as the medical director of Clinical Nutrition Service then shifted her practice focus to obesity medicine, helping to develop Loyola's interdisciplinary center for metabolic surgery and bariatric care. Her role as obesity medicine specialist included both medical weight loss treatment as well as pre and post operative care for patients undergoing bariatric surgery.

She recently accepted a faculty position at Wake Forest Baptist Medical Center in North Carolina, where she continues to practice obesity medicine at its comprehensive Weight Management Center. She is a member of The Obesity Society and the American Society for Metabolic and Bariatric Surgery. In addition, she has received certification from the American Board of Internal Medicine, the National Board of Physician Nutrition Specialists, and was among the first physicians certified by the American Board of Obesity Medicine. Throughout her training and career Jessica has helped publish a number of scientific articles and book chapters, lectured medical professionals, and taught numerous medical students, residents, and fellows. Having worked closely with dietitians for the vast majority of her training and career, she is excited and honored to have this new opportunity of working with the Academy.



W. Scott Butsch, MD MSc, FTOS

Dr. Butsch is the Director of Obesity Medicine at the Bariatric and Metabolic Institute at the Cleveland Clinic. He was an Instructor in Medicine at Harvard Medical School (HMS) and worked at the Massachusetts General Hospital (MGH) Weight Center from 2007-2017. He completed a clinical nutrition fellowship at the University of Alabama at Birmingham and was the first physician in the U.S. to complete subspecialty fellowship in obesity medicine at the MGH/HMS in 2007. He is a diplomat of the American Board of Obesity Medicine and a Fellow of The Obesity Society (TOS).

Dr. Butsch is a clinical educator and enjoys teaching clinical nutrition and obesity medicine at all levels of medical education. His passion for teaching can be seen in the numerous educational programs he has created, the several professional committees on which he serves and chairs, and the CME Blackburn course in obesity medicine he has co-directed since 2014.

He is a national leader in both obesity and nutrition education and lectures nationally and internationally on pharmacological treatment of obesity and the management of bariatric surgical patients. In line with his passion for the education and treatment of obesity, Dr. Butsch is a strong advocate for his patients. Dr. Butsch actively participates at both the state and federal levels to reduce weight stigma and discrimination and improve coverage and reimbursement for the treatment of obesity.



Sue Cummings, MS, RD, LDN

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Sue Cummings is a Registered Dietitian. Sue did her Dietetic Internship at Beth Israel Hospital in Boston, MA and her Master of Science degree at Boston University. Since its inception in 1998 Sue had been the Clinical Programs Manager and Bariatric Coordinator at the Massachusetts General Hospital Weight Center in Boston, MA and has developed the nutrition and behavioral components of the medical and surgical weight management programs. Sue has been a faculty member of the Academy of Nutrition and Dietetics Level 1 and Level 2 Certificate in Weight Management Courses for the past 10 years and currently a facilitator in the new redesigned CDR Certificate Course. Sue is an author and coeditor of the *Academy of Nutrition and Dietetics handbook on bariatric nutrition*, as well as coauthor of the American Heart Association position paper: *Bariatric Surgery and Cardiovascular Risk Factors A Scientific Statement from the American Heart Association* and contributed numerous book chapters on the nutritional care of patients having bariatric surgery. She is an Associate Editor of *Obesity Surgery* the official journal of the International Federation for the Surgery of Obesity and metabolic disorders (IFSO). Sue is an active member of the Academy of Nutrition and Dietetics Weight Management Practice Group (WM DPG) and a founding member of the Bariatric Subunit. Sue is currently the Secretary of the American Society of Metabolic and Bariatric Surgery (ASMBS) Integrated Health Executive Board. Sue has been awarded the WM DPG Excellence in Practice Award, the WM DPG Shining Star Award and the ASMBS LEAD Award for Excellence in Nutrition. This past year and a half Sue has been consulting with CATALYST Training Labs of Lebanon leading seminars for dietitians in the Middle East (Beirut, Dubai and Jordan) on adult weight management. Sue is also a keynote speaker at the 2018 Australia and New Zealand Metabolic and Obesity Surgery Society Annual Scientific Meeting.



Kathy K. Isoldi, PhD, RDN

Kathy Isoldi completed her Dietetic Internship at New York Presbyterian Hospital. She obtained her Master's Degree and Doctorate in Nutrition and Dietetics from New York University, and is currently an Associate Professor in the Department of Nutrition at Long Island University/Post. Kathy teaches undergraduate and graduate courses focused on Adult Weight Management, Prevention of Childhood Obesity and Counseling Skill Development. She has authored or co-authored 17 peer-reviewed journal articles addressing weight management, and is the Principal Investigator for Cooking Up Energy, a community-based research intervention aimed at reducing obesity risk in children through culinary and nutrition education. Kathy is also the United States (US) team coordinator for an internationally led study investigating what promotes food choices in adults. Her US team of investigators have provided results contributing to a base of over 12,000 global participants for analysis and comparison. Publications reporting findings are currently under development.

Kathy has been a Registered Dietitian/Nutritionist for over 30 years and has dedicated the majority of her professional career to counseling individuals trying to achieve a healthy weight at the Comprehensive Weight Control Program affiliated with Weill Cornell Medicine in New York City. She served as the Clinical Coordinator for Nutrition Services at this busy Manhattan outpatient practice, counseling adults, children and families.

Kathy has disseminated her messages of health to the public through several television appearances, including Good Morning America and CBS Sunday Morning. She served as a Contributing Editor for Woman's Day Magazine where she published nine full-length articles. Kathy has also published a book through Filipacchi Publishing to help busy women maintain a healthy body weight throughout the lifecycle entitled, *The Woman's Day Guide to Lasting Weight Loss: 10 Simple Steps to a Healthier You at Any Stage of Life*.

You can contact Kathy at Kathy.isoldi@liu.edu



**Craig Johnston, PhD
University of Houston
Houston, Texas**

Craig Johnston, PhD is an associate professor for the Department of Health and Human Performance at the University of Houston in Texas. He obtained his Ph.D. in Clinical Child psychology from the University of Kansas, Lawrence, Kansas. He has worked for over 10 years conducting research as well as providing clinical service with diverse populations in a variety of settings. Craig's research is translational in nature, and he enjoys working directly with the individuals who participate in his studies. Some of his major accomplishments include developing an effective school-based program for children with obesity. His primary focus in this area is to develop interventions for those who carry an unequal burden in terms of health issues, predominantly those of low income and minorities. He also has been able to assess large community based programs to determine which components and strategies support weight loss efforts. In addition to his clinical work and research, Craig is active in providing training to health care providers in beneficial ways to talk with clients. Finally, Craig is engaged in training the next generation of individuals who will combat the obesity epidemic by training both undergraduate and graduate students at the University of Houston (go Coogs!).



Corby Martin, PhD

Dr. Martin is a clinician researcher with extensive experience developing and delivering novel lifestyle interventions for weight management. In addition to specializing in the measurement of energy intake and expenditure, Dr. Martin and colleagues created mathematical algorithms that predict weight loss during dieting, and they successfully applied these algorithms to clinical weight loss interventions. Dr. Martin is dedicated to helping patients improve their diet and exercise habits and to effectively manage their weight and health. Finally, Dr. Martin is a leader in the creation and evaluation of mobile health interventions that deliver services remotely via smartphones and other connected devices.

Dr. Martin is a Professor and the Director of the Ingestive Behavior, Weight Management, and Health Promotion Laboratory at the Pennington Biomedical Research Center (PBRC). He is also the Director of the PBRC's Human Phenotyping Core of the Nutrition Obesity Research Center, and a Fellow of The Obesity Society.

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**Bonnie T. Jortberg, PhD, RDN, CDE
Assistant Professor, Department of
Family Medicine
University of Colorado School of**

Dr. Tamis Jortberg is an Assistant Professor in the Department of Family Medicine at the University of Colorado School of Medicine (CU-SOM). She holds a PhD in Human Nutrition, is a Registered Dietitian and a Certified Diabetes Educator. Dr. Jortberg has been at CU-SOM since 1995, starting in the Department of Preventive Medicine as one of the study coordinators for the Diabetes Prevention Program. Dr. Tamis Jortberg's research interests include translation of methods for practice transformation and implementation of self-management support and weight management into primary care.

Dr. Jortberg is also involved in medical student education, both at CU-SOM, and nationally. At CU-SOM, she developed a Nutrition and Chronic Disease curriculum that has become required for the MSIII Ambulatory Care Clerkship. She is also the founder and faculty advisor for the interdisciplinary Nutrition and Preventive Health Student Interest Group at CU-SOM. Dr. Jortberg is also the Chair of the STFM Medical Student Committee. Her PCMH e-Learning Modules were also licensed by the American Board of Family Medicine and are offered to all family medicine Diplomates and family medicine residents in the U.S.

Dr. Jortberg is also very active with the Academy of Nutrition and Dietetics (Academy). She is a member of the Design Team and Facilitator for the Academy's Certificate of Training in Obesity Interventions for Adults and has lectured around the country about obesity prevention and treatment. She was a member of the Academy's Nutrition Counseling Workgroup that developed and published the Academy position statement, and the co-chair for the Academy Weight Management SOP/SOPP Workgroup. She is also the lead author for the Academy's Comprehensive Primary Care Initiative toolkit and the co-chair of the Academy's PCMH Workgroup.

Dr. Jortberg can be reached at: bonnie.jortberg@ucdenver.edu



Colleen Tewksbury, PhD, MPH, RD, LDN

Colleen Tewksbury is the Bariatric Program Manager for the University of Pennsylvania Health System. She oversees all outpatient operations which includes supervising the weight management dietitians, nurses, and nurse practitioners. She completed her bachelor's degree in dietetics at La Salle University, master of public health degree from West Chester University of Pennsylvania, and her doctor of philosophy degree in public health from Temple University. She is the recipient of more than 10 awards and scholarships for her academic work, including 5 Academy Foundation Scholarships.

Colleen has worked in weight management since 2011, including in behavioral weight loss research and bariatric surgery. She has served in various board positions for PA Academy of Nutrition and Dietetics and Philadelphia Dietetic Association. Additionally, she has served as the early career member on The Obesity Society's clinical committee. Her areas of research interest are in tertiary prevention and treatment services for severe adult obesity treatment, including bariatric surgery.

In Colleen's free time, she enjoys spending time outdoors with her husband, Rich, and rescue puppy, Luna, including tackling seemingly never-ending home improvement projects.