

# History:

## Timeline of Scope and Standards Published

Scope of practice in nutrition and dietetics encompasses the range of roles, activities and regulations within which credentialed nutrition and dietetics practitioners perform. The Standards of Practice (SOP) in Nutrition Care and Standards of Professional Performance (SOPP) are companion documents that serve as guides for self-evaluation and to determine the education and skills needed to advance an individual's level of practice. The SOP and SOPP are consensus standards, a group opinion based on expert knowledge and experience; and may be used for competence verification and maintaining excellence in performance of credentialed nutrition and dietetics practitioners.

Documents listed in this resource reflect the the Academy of Nutrition and Dietetics's vision of a world where all people thrive through the transformative power of food and nutrition and the Commission on Dietetic Registration's vision to protect and promote the health of the public by supporting practitioner competence, quality practice, diversity, equity, lifelong-learning, and career advancement. Regular reviews are conducted to reflect the credentialed nutrition and dietetics practitioner's expanded scope of practice due to: changes in health care and business segments; population health initiatives; consumer interests; quality indicators and performance measurement; new or revised evidence-based practice guidelines and research; technological advances; emerging service delivery options; and practice environments.



2013

**JUNE**

Comprehensive Scope of Practice Articles  
1) Scope of Practice in Nutrition and Dietetics  
2) Scope of Practice for the RD  
3) Scope of Practice for the DTR  
4) SOP SOPP for RDs  
5) SOP SOPP for DTRs  
*Journal of the Academy of Nutrition and Dietetics*  
Volume 113, Supplement 2

2014

**MARCH**

Sustainable Resilient and Healthy Food and Water Systems SOPP  
*Journal of the Academy of Nutrition and Dietetics*  
Volume 114, Number 3

**APRIL**

Revised Sports Nutrition and Dietetics SOP SOPP  
*Journal of the Academy of Nutrition and Dietetics*  
Volume 114, Number 4

**JULY**

Revised Management of Food and Nutrition Systems SOPP  
*Journal of the Academy of Nutrition and Dietetics*  
Volume 114, Number 7

2015

**MARCH**

Revised Pediatric Nutrition SOP SOPP  
*Journal of the Academy of Nutrition and Dietetics*  
Volume 115, Number 3

**APRIL**

Adult Weight Management SOP SOPP  
*Journal of the Academy of Nutrition and Dietetics*  
Volume 115, Number 4

**OCTOBER**

Public Health and Community Nutrition SOP SOPP  
*Journal of the Academy of Nutrition and Dietetics*  
Volume 115, Number 10

2018

**JANUARY**

Revised Core Scope and Standards for RDNs  
1) Scope of Practice for the RDN  
2) SOP SOPP for RDNs  
*Journal of the Academy of Nutrition and Dietetics*  
Volume 118, Number 1

**FEBRUARY**

Revised Core Scope and Standards for NDTRs  
1) Scope of Practice for the NDTR  
2) SOP SOPP for NDTRs  
*Journal of the Academy of Nutrition and Dietetics*  
Volume 118, Number 2

**APRIL**

Revised Oncology Nutrition SOP SOPP  
*Journal of the Academy of Nutrition and Dietetics*  
Volume 118, Number 4

**MAY**

Revised Diabetes Care SOP SOPP  
*Journal of the Academy of Nutrition and Dietetics*  
Volume 118, Number 5

**SEPTEMBER**

Revised Post-Acute and Long-Term Care SOP SOPP  
*Journal of the Academy of Nutrition and Dietetics*  
Volume 118, Number 9

**OCTOBER**

Revised Mental Health and Addictions SOP SOPP  
*Journal of the Academy of Nutrition and Dietetics*  
Volume 118, Number 10

2019

**JANUARY**

Revised Education of Nutrition and Dietetics Practitioners SOPP  
*Journal of the Academy of Nutrition and Dietetics*  
Volume 119, Number 1

**JUNE**

Revised Nutrition in Integrative and Functional Medicine SOP SOPP  
*Journal of the Academy of Nutrition and Dietetics*  
Volume 119, Number 6

**SEPTEMBER**

Revised Clinical Nutrition Management SOPP  
*Journal of the Academy of Nutrition and Dietetics*  
Volume 119, Number 9

2020

**SEPTEMBER**

Revised Sustainable, Resilient, and Healthy Food and Water Systems SOPP  
*Journal of the Academy of Nutrition and Dietetics*  
Volume 120, Number 9

**NOVEMBER**

Revised Eating Disorders SOP SOPP  
*Journal of the Academy of Nutrition and Dietetics*  
Volume 120, Number 11

**DECEMBER**

Revised Intellectual and Developmental Disabilities SOP SOPP  
*Journal of the Academy of Nutrition and Dietetics*  
Volume 120, Number 12

2021

**MARCH**

Revised Nephrology Nutrition SOP SOPP  
*Journal of the Academy of Nutrition and Dietetics*  
Volume 121, Number 3

**JUNE**

Revised Management of Food and Nutrition Systems SOPP  
*Journal of the Academy of Nutrition and Dietetics*  
Volume 121, Number 6

**SEPTEMBER**

Revised Sports and Human Performance Nutrition SOP SOPP  
*Journal of the Academy of Nutrition and Dietetics*  
Volume 121, Number 9

**OCTOBER**

Revised Nutrition Support SOP SOPP  
*Journal of the Academy of Nutrition and Dietetics*  
Volume 121, Number 10

2022

**SEPTEMBER**

Revised Public Health and Community Nutrition SOP SOPP  
*Journal of the Academy of Nutrition and Dietetics*  
Volume 122, Number 9

**OCTOBER**

Revised Adult Weight Management SOP SOPP  
*Journal of the Academy of Nutrition and Dietetics*  
Volume 122, Number 10

**NOVEMBER**

Revised Pediatric Nutrition SOP SOPP  
*Journal of the Academy of Nutrition and Dietetics*  
Volume 122, Number 11

Coming Soon | Revised Scope and Standards of Practice for the RDN | Revised Scope and Standards of Practice for the NDTR