



# CSP Examination Content Outline

<b>CSP Exam Content Outline</b>	<b>125</b>
<b>1 Characteristics of Pediatric Patient Population</b>	<b>40</b>
A Development and Nutrition	19
1 Pediatric Growth and Development	
2 Human Milk and Formulas (e.g., lactation, handling, storage, recipes, donor milk)	
3 Age-Appropriate Nutrition and Foods	
B Disease-Related Nutrition Considerations	21
1 Congenital and Developmental Conditions	
2 Body System and Organ Dysfunctions	
3 Medical Supportive Therapies (e.g., Dialysis, Respiratory Support)	
4 Disordered Eating, Feeding Disorders, and Food Sensitivities	
<b>2 Nutrition Assessment and Diagnosis</b>	<b>46</b>
A Clinical Status and Health History	20
1 Medical Treatment and Medication History	
2 Nutrition and Supplementation History	
3 Cultural and Psychosocial Factors	
4 Activity and Lifestyle History	
B Assessment and Diagnosis Process	26
1 Anthropometrics	
2 Nutrition-Focused Physical Exam	
3 Diagnostic and Laboratory Testing	
4 Estimation of Nutritional Needs	
5 Nutrition Diagnosis and Coding Statements	
<b>3 Nutrition Intervention, Monitoring, and Evaluation</b>	<b>39</b>
A Nutrition Prescription	20
1 Oral Nutrition and Diet Modification	
2 Vitamin and Mineral Supplementation	
3 Enteral Nutrition Support	
4 Parenteral Nutrition Support	
B Care Planning	19
1 Monitoring and Evaluation of Care	
2 Interdisciplinary Coordination of Care (e.g., transitions of care, feeding environment)	
3 Access to Food and Healthcare	
4 Education and Counseling	