

**Certificate of Training in Obesity Interventions for Adults
Collaborative Learning Session**



March 14-15, 2019

**Chase Park Plaza Royal Sonesta
Khorassan West Meeting Room
St. Louis, Missouri**

Day 1 – 8:30 am – 5:00 pm

- | | | |
|---------------------|---|--------------------------------------|
| 7:30 - 8:30 am | Registration and Continental Breakfast | |
| 8:30 - 8:45 am | Welcome and Orientation | |
| | Moderator | |
| | Kellene A. Isom, MS, RD, LDN, CAGS | |
| 8:45 - 9:45 am | Keynote Speaker | |
| | W. Scott Butsch, MD, MSc, FTOS | |
| 9:45 - 10:00 am | Movement Break | |
| 10:00 am - 12:00 pm | Counseling and Behavior Management | |
| | Craig Johnston, PhD | |
| | Molly Gee, MEd, RD | |
| | Corby Martin, PhD | |
| 12:00 – 1:15 pm | Movement Break and Lunch on own | |
| 1:15 - 3:00 pm | Counseling and Behavior Management (cont'd) | |
| | Breakout Room Facilitators | |
| | Laura Andromalos, MS, RD, CD, CDE | Kathy Isoldi, PhD, RD |
| | Jessica Bartfield, MD, ABOM | Craig Johnston, PhD |
| | W. Scott Butsch, MD | Corby Martin, PhD |
| | Sue Cummings, MS, RD, LDN | Colleen Tewksbury, PhD, MPH, RD, LDN |
| | Molly Gee, MEd, RD | |
| 3:00 - 3:15 pm | Movement Break | |
| 3:15 - 4:45 pm | Navigating Challenges: Health Literacy, Weight Bias, Fad Diets | |
| | Laura Andromalos, MS, RD, CD, CDE | |
| | Colleen Tewksbury, PhD, MPH, RD, LDN | |
| | Kathy Isoldi, PhD, RD | |
| 4:45 - 5:00 pm | Q&A, Wrap up Day One, Introduction Day Two | |
| | Kellene A. Isom, MS, RD, LDN, CAGS | |

Certificate of Training in Obesity Interventions for Adults Collaborative Learning Session



Day 2 – 8:30 am – 4:00 pm

7:30-8:30 am

Networking Breakfast (optional)

Kellene A. Isom, MS, RD, LDN, CAGS

8:30 - 10:30 am

Obesity Interventions through Adult Life Transitions

Weight Loss #1-#3:

Room 1: Kathy Isoldi, PhD, RD

Molly Gee, MEd, RD

Sue Cummings, MS, RD, LDN

Room 2: Corby Martin, PhD

Colleen Tewksbury, PhD, MPH, RD, LDN

W. Scott Butsch, MD

Room 3: Craig Johnston, PhD

Laura Andromalos, MS, RD, CD, CDE

Jessica Bartfield, MD, ABOM

10:30-10:45 am

Movement Break

10:45 am - 12:30 pm

Obesity Interventions through Adult Life Transitions (cont'd)

Weight Loss #4:

Sue Cummings, MS, RD, LDN

Colleen Tewksbury, PhD, MPH, RD, LDN

Weight Loss #5:

Molly Gee, MEd, RD

Jessica Bartfield, MD

Kathy Isoldi, PhD, RD

12:30 - 1:45 pm

Movement Break and Lunch on own

1:45 - 2:40 pm

Envisioning the Future: Health Systems and Nontraditional Settings

Jessica Bartfield, MD, ABOM

Molly Gee, MEd, RD

2:40 – 2:50 pm

Movement Break

2:50 - 3:45 pm

Weight Management Leadership

Laura Andromalos, MS, RD, CD, CDE

3:45 – 4:00 pm

Wrap-up – Q&A

Kellene A. Isom, MS, RD, LDN, CAGS