



**Certificate of Training in Obesity for Pediatrics and Adults Virtual Course
December 2022 Draft Agenda with Facilitators**

Day 1 – Thursday, December 1st 11:00 am – 3:00 pm ET 8:00 – 12:00 pm PT	
Welcome Kellene Isom, PhD, MS, RD, LDN, CAGS	11:00 – 11:15am ET 8:00 – 8:15am PT
Chronic Nature of Obesity Dan Bessesen, MD	11:15 – 11:50am ET 8:15 – 8:50am PT
Q&A Dan Bessesen, MD and Kellene Isom, PhD, MS, RD, LDN, CAGS	11:50 – 12:00pm ET 8:50 – 9:00am PT
Counseling and Behavior Management Craig Johnston, PhD and Kathy Isoldi, PhD, RD	12:00 pm – 1:00pm ET 9:00 – 10:00am PT
BREAK	1:00 – 1:15pm ET 10:00 – 10:15am PT
Counseling and Behavior Management Roles Plays Craig Johnston, PhD, Kathy Isoldi, PhD, RD and Ellen Sobota, MS, RD, LDN	1:15 – 2:00pm ET 10:15 – 11:00am PT
Delivering Trauma Informed Counseling Ellen Sobota, MS, RD, LDN	2:00 – 2:25pm ET 11:00 – 11:25am PT
Telehealth for Effective Weight Management Laura Andromalos, MS, RD, RN, CSOWM, CDCES	2:25 – 2:45pm ET 11:25 – 11:45am PT
Q&A and Wrap Up Kellene Isom, PhD, MS, RD, LDN, CAGS	2:45 – 3:00pm ET 11:45 – 12:00pm PT
Day 2 – Friday, December 2 11:00 am – 3:00 pm ET 8:00 – 12:00 pm PT	
Welcome and Overview Kellene Isom, PhD, MS, RD, LDN, CAGS	11:00 – 11:05am ET 8:00 – 8:05am PT
Navigating Challenges Health Literacy, Weight Bias, Teaching Strategies (Families, Children, Bullying) Colleen Tewksbury, PhD, MPH, RD, CSOWM, LDN and Maren Wolff, PhD, RDN, LD	11:05 – 11:55am ET 8:05 – 8:55am PT
BREAK	11:55 – 12:10pm ET 8:55 – 9:10am ET
Navigating Challenges II Fad Diets; Self-Directed Diets Children; Critical Thinking; Health at Every Size; Q & A Colleen Tewksbury, PhD, MPH, RD, CSOWM, LDN, Corby Martin, PhD and Vanessa Thornton, MS, RD, CSP	12:10 pm – 1:10pm ET 9:10 – 10:10am PT
BREAK	1:10 – 1:20pm ET 10:10 – 10:20am PT
Physical Activity: Pediatric and Adult Corby Martin, PhD and Maren Wolff, PhD, RDN, LD	1:20 – 2:30pm ET 10:20 – 11:30am PT
Core Content Practice Pearls and Wrap Up Kellene Isom, PhD, MS, RD, LDN, CAGS	2:30 – 3:00pm ET 11:30 – 12:00pm PT

Day 3 – Thursday, December 8 11:00 am – 3:00 pm ET 8:00 – 12:00 pm PT	
Welcome Kellene Isom, PhD, MS, RD, LDN, CAGS	11:00 – 11:05am ET 8:00 – 8:05am PT
Fundamentals of Pediatric Obesity Fatima Cody Stanford, MD, MPH, MPA, MBA, FAAP, FACP, FAHA, FAMWA, FTOS	11:05 – 11:45am ET 8:05 – 8:45am PT
Q&A Fatima Cody Stanford, MD, MPH, MPA, MBA, FAAP, FACP, FAHA, FAMWA, FTOS and Kellene Isom, PhD, MS, RD, LDN, CAGS	11:45 – 11:55am ET 8:45 – 8:55am PT
Obesity Interventions through Childhood - Introduction and Prevention Scenario Maren Wolff, PhD, RDN, LD and Dana Gerstein, MPH, RD	11:55 – 12:30pm ET 8:55 – 9:30am PT
BREAK	12:30 pm – 12:45pm ET 9:30 – 9:45am PT
Obesity Interventions through Childhood First 1,000 Days and Pharmacotherapy/Surgery Scenarios Maren Wolff, PhD, RDN, LD and Vanessa Thornton, MS, RD, CSP	12:45 – 2:00pm ET 9:45 – 11:00am PT
BREAK	2:00– 2:05pm ET 11:00 – 11:05am PT
Pediatric and Adolescent Program Management and Practice Pearls Vanessa Thornton, MS, RD, CSP, Michelle Horan, RD, LD and Dana Gerstein, MPH, RD	2:05 – 2:50pm ET 11:05 – 11:50am PT
Pediatric and Adolescent Wrap Up Kellene Isom, PhD, MS, RD, LDN, CAGS	2:50 – 3:00pm ET 11:50 – 12:00pm PT

Day 4 – Friday, December 9 11:00 am – 3:00 pm ET 8:00 – 12:00 pm PT	
Welcome Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	11:00 – 11:10am ET 8:00 – 8:10am PT
Obesity Interventions for Adults – Client Encounters Introduction Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	11:10 – 11:20am ET 8:10 – 8:20am PT
Client Encounter: Young Adult Corby Martin, PhD	11:20 – 11:45am ET 8:20 – 8:45am PT
Client Encounter: Adult Jessica Bartfield, MD, ABOM and Colleen Tewksbury, PhD, MPH, RD, CSOWM, LDN	11:45 – 12:10pm ET 8:45 – 9:10am PT
BREAK	12:10 pm – 12:20pm ET 9:10 – 9:20am PT
Client Encounter: Mid-Adult Kellene Isom, PhD, MS, RD, LDN, CAGS	12:20 – 12:45pm ET 9:20 – 9:45am PT
Client Encounter: Older Adult Bonnie Jortberg, PhD, RD, CDCES and Kellene Isom, PhD, MS, RD, LDN, CAGS	12:45 – 1:10pm ET 9:45 – 10:10am PT
Client Encounters – Wrap Up and Q&A Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	1:10 – 1:30pm ET 10:10 – 10:30am PT
BREAK	1:30 – 1:40pm ET 10:30 – 10:40am PT
Adult Program Management and Practice Pearls Bonnie Jortberg, PhD, RD, CDCES, Ellen Sobota, MS, RD, LDN and Mara Davis, MS, RD, LDN, CD-N	1:40 – 2:30pm ET 10:40 – 11:30am PT
Adult Weight Management Wrap Up Evaluation and Post-Assessment Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	2:30 – 3:00pm ET 11:30 – 12:00pm PT