

Certificate of Training in Obesity Interventions for Adults Collaborative Learning Session



June 21-22, 2019
Hilton Long Beach
International III, IV, V Ballroom
701 West Ocean Boulevard
Long Beach, California 90831-3102

Day 1 – June 21, 2019 – 8:30 am – 4:30 pm

7:30 - 8:30 am	Registration and Continental Breakfast	
8:30 - 8:45 am	Welcome and Orientation	
	Moderator	
	Kellene A. Isom, MS, RD, LDN, CAGS	
8:45 - 9:45 am	Keynote Speaker	
	Daniel H. Bessesen, MD	
9:45 - 10:00 am	Movement Break	
10:00 am - 12:00 pm	Counseling and Behavior Management	
	Craig Johnston, PhD	
	Julie Feldman, MPH, RD	
	Molly Gee MEd, RD	
12:00 – 1:15 pm	Movement Break and Lunch on own	
1:15 - 3:00 pm	Counseling and Behavior Management (cont'd)	
	Breakout Room Facilitators	
	Laura Andromalos, MS, RD, CSOWM, CDE	Daniel H. Bessesen, MD
	Sue Cummings, MS, RD, LDN	Julie Feldman, MPH, RD
	Molly Gee MEd, RD	Cynthia Heiss, PhD, RD, LD, CDE
	Craig Johnston, PhD	Melanie Larson, MA, RDN
	Bonnie S. Tamis Jortberg, PhD, RD, CDE	Maren Wolff, PhD, RDN, LD
3:00 – 3:15 pm	Movement Break	
3:15 – 4:15 pm	Weight Management Leadership	
	Sue Cummings, MS, RD, LDN	
	Laura Andromalos, MS, RD, CSOWM, CDE	
4:15 – 4:30 pm	Q&A, Wrap up Day One, Introduction Day Two	
	Kellene A. Isom, MS, RD, LDN, CAGS	

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Day 2 – June 22, 2019 – 8:00 am – 4:30 pm

7:00 – 8:00 am

Breakfast

8:00 – 10:15 am

Obesity Interventions through Adult Life Transitions

Weight Loss #1-#3:

Laura Andromalos, MS, RD, CSOWM, CDE

Julie Feldman, MPH RD

Molly Gee, MEd, RD

Cynthia Heiss, PhD, RDN, LD, CDE

Melanie Larson, MA, RDN

Maren Wolff, PhD, RDN, LD

Sue Cummings, MS, RD, LDN

Molly Gee, MEd, RD, LD

Linda M. Gigliotti, MS, RDN, CSOWM, CDE

Craig Johnston, PhD

Bonnie S. Tamis Jortberg, PhD, RD, CDE

10:15-10:30 am

Movement Break

10:30 – 11:20 am

Obesity Interventions through Adult Life Transitions (cont'd)

Weight Loss #4:

Sue Cummings, MS, RD, LDN, CDE & Maren Wolff, PhD, RDN, LD

Weight Loss #5:

11:20 am – 12:00 pm

Molly Gee, MEd, RD & Julie Feldman, MPH, RD

12:00 – 12:15 pm

Q&A and Life Transitions Closing

Kellene A. Isom, MS, RD, LDN, CAGS

12:15 - 1:30 pm

Movement Break and Lunch on own

1:30 - 2:30 pm

Envisioning the Future: Health Systems and Nontraditional Settings

Bonnie S. Tamis Jortberg, PhD, RD, CDE

Molly Gee, MEd, RD

2:30 – 2:45 pm

Movement Break

2:45 – 4:15 pm

Navigating Challenges: Health Literacy, Weight Bias, Fad Diets

Laura Andromalos, MS, RD, CSOWM, CDE

Sue Cummings, MS, RD, LDN, CDE

4:15 – 4:30 pm

Wrap-up – Q&A

Kellene A. Isom, MS, RD, LDN, CAGS